

MASS INTENTIONS**Monday, September 6 - Labor Day**

9:30 Adelle Pionalto

Tuesday, September 7

7:00 Mark Wojcik

9:30 Alvin Yahner

Wednesday, September 8

Nativity of the Blessed Virgin Mary

7:00 Ivan Frey

9:30 Tillie Schmucker

Thursday, September 9

St Peter, Claver, priest

7:00 Agnes Iacomini

9:30 Nancy Chupek

Friday, September 10

St Gregory the Great,

pope and doctor of the church

7:00 Pat & John Haas

60th Wedding Anniv

9:30 Phyllis Musarra

Saturday, September 11

7:00 Susan Doran

4:00 Fr. Frank LaRocca

Sunday, September 12

Twenty-Fourth Sunday in Ordinary Time

7:30 Deborah Ciraldo

9:00 For the People of St. Hilary

11:00 Mary Louise Cahill

5:30 John Paradise, Sr.

REMEMBER IN YOUR PRAYERS

Joe Alger

Sheila Allo

Joan App

Grace Babak

Lisa Bakeman

Paula Beck

Bill Bush

Bob Cassella

Fr. Sam Ciccolini

Hilda Cincerelli

Joy Cooper

Robert Copinski

Curt Cousino

Milton Cox

Lisa Craine

Alex Davis

Annette Denorme

Kelley Doll

Norman Fresh

Steve Gatins

Laurence Gervais

Brian Gibb

Kim Gibbs

Patti Gonring

Sue Graham

Mason Hemming

Mary Kay Hendershot

Isabell Horning

Polly Horning

Mike Hanudel

Gordon Hinkle

Drew Kremper

Patrick Kennedy

Bob Kline

Loretta Kling

Paula Kramer

Zachary Lambertus

Katie Lou

Mary Marrone

Phillip Meitner, Jr.

Nancy Ochsenhirt

Jessica Plute

Mary Popio

Ben Presper

Charles Renner, Sr.

Betty Richards

E Fred Ritty

Dave Scarpitti

Stephanie Schoenheit

Mark Scott

Sharon Scott

Mary Schultz

Donny Simmons

Alice Skoda

Deb Smith

Abigail Stdolsky

Frank Smith

Vera Stevens

Andrew Stempak

Michelle Whitely

BIBLE BUDDIES

Bible Buddies resumes on September 7 facilitated by Sr. Marie Bohn. This group meets twice a month on Tuesday afternoons from 12:30 - 2:15 p.m. to reflect on the scripture readings for the upcoming weekend. Join us in meeting room 1 to pray the rosary followed by study and faith sharing.

EUCCHARISTIC MINISTERS TO THE HOMEBOUND

will have their evening of reflection on Wednesday, September 8 from 6:30 to 8:30 p.m. **Jason Lewis** from the office of Catholic Charities Parish and Community Ministries – Diocese of Cleveland: Department of Marriage and Family Ministry will speak on *The Theology of Sickness/Illness*. To register for the evening please call Sr. Marlene at 330-867-1055 (206) or email at marlene@sthilarychurch.org

HEAVEN, HELL, PURGATORY...

Hear “What the Church teaches” about these “Last Things” at our first evening of Catholicism 101 for this year, Friday evening, September 10. Bring an hors d’oeuvre to share at the social, 6:30 p.m. Stay for the presentation by Fr. Steve at 7:00 p.m. Beverages provided. Call the office if you will need child care for the event.

JOIN US AFTER MASS SEPTEMBER 11 & 12

The parish has started a new hospitality ministry following the Saturday 4:00 and Sunday 5:30 Masses called Eat-N-Greet. Come to the Gathering Area for tasty treats and greet fellow parishioners. If you are interested in volunteering for this new ministry contact Linda Oravec at 330-864-2728 or tedlin04@yahoo.com.

IT'S NOT TOO LATE...

...to consider investigating the Catholic Faith by joining the RCIA (Rite of Christian Initiation of Adults). Regular Wednesday sessions will begin September 15 at 7:00 pm. in the lower level of the Spiritual Center. Call Pat Schnee in the parish office if you are interested, so that we can be prepared for you that night.

ALTAR SOCIETY

The envelope for your \$5 donation to the Altar Society is included in the September packet of envelopes. Please support Altar Society. Also included is the envelope to support the Summit Regional Council of the National Council of Catholic Women for \$10. Thank you for your support of both organizations.

Susie Straits, Coordinator

LITURGY AND MUSIC NOTES

Attention Singers! Rehearsals for the 11:00 Choir will begin on Thursday September 9 at 7:30 p.m.

Please call the parish office if you have a voice to share and would like to participate.

The Handbell Choir needs at least one new ringer! Rehearsals will begin Thursday September 23 at 6:15 p.m.

Please call the parish office if you are interested in playing.

CHARISMATIC PRAYER MEETING

Everyone is welcome to the Charismatic Prayer Meeting at 7:00 p.m. on Tuesday, September 7. Kathleen Considine will lead the meeting. For the first hour, we will worship Our Lord with singing and sharing of scripture. This week we will then break into small sharing groups and pray for the special needs of those in each group. We will also pray for the greater release of our baptismal gifts. We always try to end promptly at 9:00 p.m. We look forward to seeing you for the Weekend Life in the Spirit Seminar on Friday evening, September 17 and Saturday, September 18. Call 330-835-1070 to register or for more information.

WOMEN...FIND YOUR PURPOSE...FEED YOUR SOUL

At last, a powerful Catholic study just for you. *Full of Grace: Women and the Abundant Life Foundational Study.* The first in the *Women of Grace® Study Series.* Vatican II asked women to accept God's urgent call to "aid humanity in not falling". This study will be held on Friday mornings, beginning on September 17 from 9:15 to 11:15 a.m. For further information contact Brenda Nixon at 330-668-1018 or bjreyesnixon@msn.com.

HOPE FOR THE HOMELESS DRAWING

Jason Edmonds is the WINNER of this week's drawing. Congratulations!! Your check is in the mail. Continue to look for your name each weekend in the bulletin. You may be the next lucky winner. Your donations have provided some needy person with hope for a better future. Thank you.

MAKE A DIFFERENCE IN THE LIFE OF A CHILD



Share your talents with inner city children at Helen Arnold CLC. Teen and adult tutors are needed for after school programs on Wednesdays, September 15th through November 17th or Thursdays, September 16th through November 18th, 3:15 to 4:15 pm. Adult tutors are needed to during the day on a day and time of their choosing. Contact Lyn Schott at 867-1055 ext 217 or lschott@sthilarychurch.org.

QUESTIONS ABOUT HOSPICE?

Wednesday, September 29, 2:00 p.m.

The Parish Nurses present, "*Information about Hospice when a cure is not possible. How can a family provide loving care to their dying family member?*" Hospice may be the answer to this question. Learn about the care given by nurses, doctors, ministers and volunteers. Please come to Meeting Room 1 & 2 to hear Terry DeGorge explain the work of Hospice in Akron.

PARISH NURSES

Blood pressures will be taken the first and third weekend of the month; Saturday after the 4:00 Mass and Sunday after the 7:30 and 9:00 a.m. Masses (held in the Reconciliation Room).

September 4 & 5, 18 & 19

Nurse Office hours will be held on the 2nd and 4th Tuesday of each month in the Lower Level. The hours are from 10:00 a.m. until noon or by appointment. Call 330-666-2826 for an appointment.

September 14 & 28

(held in the Lower Level)

Questions - call Jeanne Hoffer at 330-666-2826

Karen Amer at 330-666-7690

SCHEDULE OF EVENTS

9/5 - SUNDAY -

7:30 a.m. - 12:30 p.m. STAR

5:30 -7:00 p.m. STAR

6:30 p.m. School 50th Anniversary Celebration

9/6 - MONDAY - LABOR DAY OFFICES CLOSED

9/7 - TUESDAY

10:00 a.m. Prayer Shawl Ministry, LL

12:30 p.m. Bible Buddies, Rm.1

7:00 p.m. Knights of Columbus, GA

7:00 p.m. Charismatic Prayer Group, LL

7:30 p.m. Silent Meditation Ministry, Church

9/8 - WEDNESDAY

9:30 a.m. School Mass

10:00 a.m. - 8:00 p.m. Adoration

6:00 p.m. RCIA Team, LL

6:30 p.m. Euch. Min./Homebound, Rm1&2

7:00 p.m. Financial Peace Univ, School

9/9 -THURSDAY

6:15 p.m. Hand Bell Choir, Rm.2&3

6:30 p.m. Junior High Open House, School

7:00 p.m. Creation Care Ministry, LL

7:00 p.m. Choir, Rm. 2 & 3

9/10 - FRIDAY

6:30 p.m. Catholicism 101, GA

9/11 - SATURDAY

7:30 a.m. Men's Group, GA

9:00 a.m. New Parishioner Registration,Rm2

4:00 - 5:30 p.m. STAR

5:00 p.m. Eat & Greet, GA

BULLETIN DEADLINE

Friday Noon

When submitting news items requiring a full page, contact the bulletin editor **ONE MONTH** before anticipated publication at 330-867-1055.

VERBAL ANNOUNCEMENTS

Due Thursday Noon to church office.

SUBMITTING BULLETIN ARTICLES

If you would like to submit an article for the

SPIRITUAL GROWTH

Wisdom 9: 13-18b

Philemon 9-10,12-17 Luke 14:25-33

REFLECTING ON THE SCRIPTURES

“What’s it gonna cost me?” When have you said those very words? Maybe it was when you began thinking about redecorating a bathroom or kitchen, or finishing a basement. Maybe it was when you investigated a health club or started a diet program. And probably the “cost” you were concerned about was not only the money. Commitments like these “cost” time, they require a reordering of our present priorities to make room for something else. In many cases they involve a near term inconvenience for the sake of a greater ultimate goal.

Look at today’s gospel through a similar lens. Jesus is inviting his disciples to follow him. And practicing brutally honest “truth in advertising”! Discipleship will be costly. Everything that makes up your present life will be impacted...your relationships, possessions, your time and energy, your priorities.

Reflect on your own life. Has trying to live a life worthy of the reign of God been costly for you? If so, in what ways? If not, why not?

LIVING THE GOSPEL

Next month we will be looking at our commitments to discipleship during our Stewardship campaign. This will be a wonderful opportunity to ask ourselves what we are doing with the time God has given us... the talents God has given us...the possessions with which we have been blessed. Are they all ordered to a life worthy of the reign of God?

WEDDING BANNS

II Karin Jackoboice & Bernard
Lesneski

WEEKLY READINGS

Monday 1 Cor 2: 1-5	Lk 4: 15-30
Tuesday 1 Cor 2: 10-16	Lk 4: 31-37
Wednesday 1 Cor 3: 1-9	Lk 4: 38-44
Thursday 1 Cor 3: 18-23	Lk 5: 1-11
Friday 1 Cor 4: 1-5	Lk 5: 33-39
Saturday 1 Cor 4: 6-15	Lk 6: 1-5
Sunday Wis 9: 13-18	Phlm 9-17 Lk 14: 25-33

**ATTENTION PARENTS WITH CHILDREN OF PRESCHOOL AGE OR IN PUBLIC OR PRIVATE (NON-CATHOLIC) GRADE SCHOOLS:**

St. Hilary offers religious education for 3 yr. olds (who turned three by June 1) through Kindergarten on Sun. mornings, and for Gr. 1-8 on Monday evenings, in our PSR (Parish School of Religion) program. Please come to the Parish Office **this week** for a registration form to enroll your child for the fall and bring copies of your child’s baptismal records and phone nos. to fill out emergency medical forms. Our Parish Office is open from 8:30-8:00 Mon. thru Wed., and 8:30-5:00 on Thu. & Fri.

PSR PARENTS:

If your child was registered last year for class and you have not sent in your registration forms for this coming school year, please let the Religious Education Office know of your intentions. We need to determine how many more volunteers to recruit well before our first night, Sept. 13, for Gr. 1-8, and for the first day of preschool the following Sunday. Call us today, if possible, and leave a message: 330 867-1055, ext. 211 or 213. Thank you.

PARENTS OF PSR SUNDAY SCHOOL AND MONDAY NIGHTS: *We are looking forward to beginning the new school year on the following days:*

Gr. 1-7 Mon., Sept. 13, 6:30-8:15 p.m. Parent-Student Day

Confirmation: Mon., Sept. 13, 6:30-8:15 p.m. &

Mon., Sept. 20, 6:45-8:00 p.m. Parent-Candidate-Teacher Conferences

Preschool-K Sun., Sept. 19, 8:55-10:25 a.m. Parent-Student Day

If you have not registered (new or returning), please do ASAP to a reserve a spot in a class.

PARENTS OF FIRST RECONCILIATION CANDIDATES

Please remember that our First Reconciliation Parent Session is Wednesday, September 22, 7:00 - 9:00 p.m. in the Spiritual Center. Fr. Steve will be our presenter and you will be able to pick up your home study books that evening. See you then!

REMINDER TO PARENTS OF FIRST COMMUNION CANDIDATES

Presentation of First Communion Candidates Sunday, September 26 at 9:00 Mass. Sit as a family, wherever you wish.

BABYSITTING CO-OP

The Babysitting Co-op for 9:00 a.m. Mass will resume Sunday, September 12th. We are currently working on the Fall schedule, so please contact us if you would like to be involved in this ministry. We are always welcoming new families! Your child should be 1 year old to 3.

TAKE THE FIRST STEP

Quick Start Annulment Process

Tuesday, September 28, 7:00 p.m. Gathering Area

Do you have questions about whether you are in a valid marriage? Do you want to work towards establishing a valid marriage in the Church? Just Walk In.



CARE FOR CREATION

Want an easy way to reduce your garbage? **BYOB** (Bring Your Own Bag). Bring a cool-looking tote to take your groceries away in, and forgo those plastic carrier bags that stay around for the next few millennia.

REDUCE WASTE AT LUNCH

Do you pack your lunch? Do you pack lunches for your kids? Order **Litterless lunch** products, available through the parish web site www.sthilaritychurch.org. All profits will benefit the efforts of Creation Care Ministry for green projects at the Parish School.

NEW PARISHIONER REGISTRATION

Welcome to St. Hilary Parish. We want to get to know you! Let us know you're here! New parishioner registration on Saturdays at 9:00 a.m. or by appointment. Next registration is September 11 at 9:00 a.m. Contact the parish office at church@sthilaritychurch.org or 330-867-1055.

IT'S THAT TIME AGAIN. DID YOU REMEMBER THAT THIS IS "FOOD SUNDAY WEEKEND?"

If you want to support your St. Vincent de Paul Society by giving food for the needy and didn't bring it with you to Mass this weekend you can find our food containers in the Spiritual Center by the back door of the kitchen. Please consider that we are calling on approximately sixteen (16) families each week and provide two to three bags of groceries and frozen meats to most of them. We, and the people we serve, thank you for your past generosity and ask for your continuing support.

SURVIVING SPOUSE GROUP

Saturday, October 2 the 4:00 p.m. Mass will be for all members of our group, followed by a salad dinner in the Gathering Area. Before Mass, please drop off a salad of your choice to be shared with others. Also, on Sunday, October 10, following the 5:30 Mass, the Youth Group is having their annual "Senior Prom." Nothing to bring for this event, just your appetite. Questions? Call Aldona 330-668-1488.

NEEDED

- † If you have clean, used book-bags, there are so many refugee children that could use them. Drop off at Spiritual Center.
- † Strollers and infant car seats are also needed. Drop off at Spiritual Center.
- † Your unopened bottles of shampoo and lotions etc. from your summer travels. We still need many more bags for our seniors and single refugee teens on our Christmas Giving Tree this year. Drop off at Spiritual Center.
- † For refugee families arriving in September: A working gas stove, washer and dryer, a working microwave, pots and pans, dishes, area rugs, vacuum cleaners, bedding for twin and double beds, VCR's and anything to set up a kitchen.. Also any bikes for adults and young children to ride to school and work. Please call Donna Early at 330-608-7561 for pick-up. Thank you!



Time, Talent & Treasure

We are a family bound by love.

TIME & TALENT SALUTE

In gratitude for God's gifts of time and talent to all of us, we gratefully acknowledge and salute:

Molly Scantling

Who sacrificially shares her Time, Talent and Treasure with the Parish by serving as School Board President.

She volunteers with Junior Ambassadors for Life, with STAR, Open-M and at the Parish School. To enriches her spiritual life a member of a Small Christian Community.

Molly is a graduate of St. Hilary School along with 2 of her children. Four of her children are currently attending St. Hilary School.

With deep gratitude, we thank you Molly!

STEWARDSHIP THOUGHT

We make a living by what we get. We make a life by what we give.

- Winston Churchill

FISCAL YEAR

July 1, 2010—June 30, 2011

WEEK ENDING 8/29/10

OFFERTORY	\$20,374
YEAR TO DATE	\$278,984

FISCAL YEAR 2009/2010

OFFERTORY	\$24,328
YEAR TO DATE	\$259,677

OFFERTORY GOAL 2010-2011

Year to Date Offertory	\$278,984
Offertory Goal July 1-Aug 29, 10	<u>\$259,677</u>
Amount Ahead of Goal	\$19,307

YOUTH GROUP NEWS



HIGH SCHOOL
Fall Kickoff
Sunday, September 12

JUNIOR HIGH
Fall Kickoff
Thursday, September 22

******* ADULTS NEEDED! *******

Have you felt the prompting to do something to better the lives of the youth today? Alive Ministry Youth Group needs you! We are forming next year's team of adults and young adults (21 & over) who, with our Youth Minister, plan and execute the weekly gatherings on Sunday nights! To find out more about being an adult team volunteer or for more information on how you can be involved in Alive Ministry, please contact Jason @ 330-867-1055 ext. 224. God reward you for your generosity!

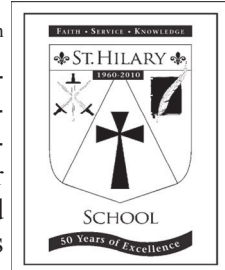
WISH LIST

Gift cards in small amounts to give as prizes to our teens. (Make use of the Star Program to benefit the entire Church & School.) Some ideas: Starbucks, Chipotle, Applebee's, Blockbuster, Bath & Body Works, Old Navy, movie theatres, fast-food, etc.

**Jason can be reached at the
Youth Minister's Office
330-867-1055 ext. 224 or
jsolomon@sthilarychurch.org**

ST HILARY SCHOOL
50th ANNIVERSARY KICKOFF
SUNDAY, SEPTEMBER 5
5:30 - 9:00 p.m.

Be a part of the fun as St. Hilary School celebrates its 50th Anniversary! The festivities will kick-off on Sunday, September 5 with a celebration including 5:30 p.m. mass, a picnic supper, games, entertainment, and more! Forgot to reserve your tickets ahead? No problem! Just stop by our ticket table in the parking lot after the 5:30 p.m. mass and join the party! Meal tickets are \$3 per person, and \$1 tickets are available for extra food items and treats such as snow cones, popcorn, and cotton candy. See you there!



Please note that due to the St. Hilary School 50th Anniversary kick-off on Sunday, September 5, there will be no parking in our parking lot for the 5:30 Mass on that day, with the exception of designated handicapped parking spaces on the north and east sides of the school building. You may park in the Charter One lot, the Faith Lutheran Church lot, the Fairlawn Town Center lot, and on the east side (only) of Moorfield Road. Thank you for your cooperation.

ST HILARY MUNCHKIN AND ALL SAINTS SOCCER

Online registration for Munchkin Soccer (Grades K-1) and All Saints Soccer (Grade 2) opens on Thursday, August 12th and will close on Friday, September 3rd. To register, please visit: <http://www.sportssignup.com/St-Hilary-Athletic-Association-Online-Registration.start>

SOCCER COMMISSIONER NEEDED

The St. Hilary Athletic Association is in need of an individual to volunteer to serve as soccer commissioner. No experience in soccer is necessary. The commissioner is in charge of organizing teams and registration, communicating with athletes, coaches, and parents, and managing uniform purchases. Please consider volunteering for this rewarding and fun program. Please contact Tom Kaim soon at tomkaim@roadrunner.com or 330-665-1896 if you are interested. THANK YOU!

DISCOVER YOUR GIFTS!

Friday, October 1, 6:30 to 9:00 pm, Babysitting Available

Each of us has a mission to fulfill on this earth – a task to do which has been given to us and no one else. But God also gives us the tools to help us get the job done. He gives each of us special graces called spiritual gifts that make it possible to accomplish the work for which we've been chosen. When all the gifts are brought forth and used by everyone, the Body of Christ works most beautifully because each part of the body is fulfilling its role! Presented by Mary Pat Frey, Diocesan Stewardship Director. RSVP Lyn Schott, 330-867-1055 ext 217 or Lschott@sthilarychurch.org.

CALLING ALL PAST

ST HILARY CHEERLEADERS

Do you have SHS cheer uniforms lying around? Old cheer tee-shirts, sweat-shirts, shoes you don't use? Please donate/return them to St. Hilary Cheer. A box is located at the back of the kitchen in the Spiritual Center near the elevator. Questions call Mary Beth, 330-836-4562.



SPIRITUAL CARE

Due to the National Privacy Act, the parish is not always aware of parishioners in the local hospitals. Additionally, there are many parishioners that have become homebound. Therefore, if there is a death in your family or if you or someone you know would like a visit from a priest, Eucharistic Minister, or like to be placed on the sick list, please call the Parish office at 330-867-1055.

COME AND SEE

The Most Reverend Richard G. Lennon, Bishop of Cleveland, will speak on the topic, "The Diocese Going Forward" at the next gathering, Tuesday, September 7, 7:00 p.m., at **Blessed Trinity Church** (formerly St. Martha) in **Akron**. Following the Bishop's presentation, there will be an opportunity for small group discussion, including time for further conversation with him. Everyone is welcome!

These monthly gatherings, sponsored by the Catholic parishes of the Summit District of the Diocese of Cleveland, are intended for those who have questions or concerns about the Catholic faith or for anyone who simply wants to grow in faith and be able to discuss Catholicism with others in a knowledgeable way. There is no cost and reservations are not required. For more information or to obtain an August 10 - June 11 brochure, please contact Patricia Flaherty at 330.773.7621 or pflaherty@dioceseofcleveland.org, or visit www.dioceseofcleveland.org/summit.

Coming October 5: Father Norm Douglas presenting "How to Forgive When It Hurts So Much"

OPEN M MINISTRIES NEEDS

DENTISTS & NURSES

Open M Ministries operates a free clinic to residents of South Akron. Dentists and nurses are needed to volunteer their services. Contact Tiffany Stahl, volunteer manager, 330-434-0110 ext 409.

FAMILY PERSPECTIVES

If the King and builder in today's gospel did not plan carefully, there would have been failures. Don't fail in the important relationships in your life. Plan to spend time with the people most important to you. Don't leave it to chance.

PRAYER CHAIN

Please send your prayer requests by email to kking72@neo.rr.com and the requests will be forwarded to nearly 200 people who will be praying for your needs. Also, if you want to be a "Prayer Warrior" and receive prayer requests, send your e-address to the same e-address (kking72@neo.rr.com) You will also receive Praise Reports when prayers are answered.

GROUNDS FOR FAITH

A coffee house for young adults!

Please join us at our next installment of Grounds for Faith on Friday, September 10. Eric Kennerk will present the topic: "**Dating, Courtship, & Catholicism**". Grounds for Faith is sponsored by CYO and Community Services, and is an opportunity for young adults to come together to listen to a speaker, enjoy coffee and refreshments, discuss, and socialize. Events are held at Guardian Angels Parish 1676 S. Cleveland-Massillon Rd. Copley. Doors open at 6:45 and the speaker begins at 7:00. Please e-mail us at groundsforfaith@yahoo.com with questions, babysitting RSVP's, or if you would like to receive our e-mail newsletter

NCCW

The Cleveland Diocesan Council of the National Council of Catholic Women (NCCW) invites you to attend the Sixth Annual Luncheon and Fall Fashion Show on Wednesday, September 29 at noon at the Galaxy Restaurant, located at 201 Park Centre Drive, Wadsworth, Ohio. Proceeds will support the Cleveland Diocesan Council of NCCW. Everyone is invited. The cost is \$20 per person, pre-paid. Make check payable to Cleveland Diocesan Council NCCW. Mail reservations to: Susie Straits, 2288 Woodpark Road, Akron, OH 44333. (Phone number, 330-836-8133) Deadline for pre-paid reservations is Wednesday, September 23.

THE PEACEMOBILE WILL BE IN AKRON

The Dayton International Peace Museum has joined forces with the Akron Peace Project to present their travelling exhibit on September 27, 11:00 a.m. - 5:00 p.m. The PeaceMobile is the Museum's mobile exhibition center. Several exhibitions have been mounted inside this traveling unit, including a children's exhibit. The PeaceMobile presents quality educational programs about peace, justice and nonviolent conflict resolution and will be at 833 W. Market St in front of Market Path in Highland Square.

TAISE' PRAYER

Thursday, September 9 - 7:00 p.m.

Our Lady of the Elms Chapel
1230 West Market Street

Simple and meditative, an evening of contemplative prayer in the style of Taize` promotes serenity in all who participate. Invite your family and friends to accompany you. All are welcome.